

# Smart Academic Planning Tips for Middle School

Middle school is the perfect time to build strong habits, try new things, and set yourself up for success in high school and beyond. Here are some simple, student-friendly tips to help you stay on track:

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| ■ Stay Organized    | Use a planner or binder to keep track of assignments, tests, and projects.             |
| ■ Set Goals         | Pick 1–2 goals each nine weeks, like turning homework in on time or improving a grade. |
| ■ Ask for Help      | Don't wait until the last minute—teachers and counselors are here for you.             |
| ■ Try New Things    | Explore electives, clubs, and activities to discover your interests.                   |
| ■ Check Progress    | Keep an eye on grades and reflect on what's working (and what isn't).                  |
| ■ Study Smart       | Use highlighters, flashcards, or break homework into smaller steps.                    |
| ■ Be Test Ready     | Get good sleep, eat breakfast, and use strategies you've practiced.                    |
| ■ Balance Screens   | Limit gaming/social media until homework and studying are done.                        |
| ■ Growth Mindset    | Remember: mistakes help you learn. Effort matters more than perfection.                |
| ■ Celebrate Success | Be proud of small wins—like finishing a project or improving a grade.                  |

■ Remember: Academic planning isn't just about grades—it's about discovering your strengths, building good habits, and preparing for the future while enjoying your middle school years!